

West Midland Regional Para QT's - Long Course Championships -
April / May 2019

FEMALE		MALE	
50m FREESTYLE		50m FREESTYLE	
S1	02:14.58	S1	02:24.08
S2	02:29.15	S2	01:35.54
S3	01:13.26	S3	01:09.58
S4	01:03.71	S4	01:04.64
S5	01:01.28	S5	00:52.54
S6	00:54.54	S6	00:48.94
S7	00:55.06	S7	00:45.58
S8	00:49.23	S8	00:43.62
S9	00:47.33	S9	00:41.86
S10	00:44.85	S10	00:38.05
S11	00:49.70	S11	00:43.22
S12	00:46.53	S12	00:38.50
S13	00:44.35	S13	00:38.06
S14	00:45.66	S14	00:40.64
100m FREESTYLE		100m FREESTYLE	
S1	06:39.41	S1	05:08.88
S2	05:18.77	S2	04:17.79
S3	02:40.34	S3	02:47.86
S4	02:19.39	S4	02:18.43
S5	02:13.26	S5	01:50.91
S6	01:57.57	S6	01:45.73
S7	01:56.70	S7	01:39.92
S8	01:45.02	S8	01:35.71
S9	01:41.54	S9	01:30.06
S10	01:37.66	S10	01:23.18
S11	01:51.18	S11	01:35.66
S12	01:37.46	S12	01:27.39
S13	01:37.06	S13	01:24.11
S14	01:38.06	S14	01:26.46
200m FREESTYLE		200m FREESTYLE	
S1	10:35.89	S1	08:12.64
S2	11:07.74	S2	06:38.18
S3	07:56.62	S3	05:38.21
S4	05:31.02	S4	04:59.39
S5	04:35.55	S5	04:06.69
S14	03:23.66	S14	03:08.56
400m FREESTYLE		400m FREESTYLE	
S6	08:43.15	S6	08:20.06
S7	08:33.92	S7	07:41.90
S8	07:59.22	S8	07:24.18
S9	07:38.93	S9	06:53.28
S10	07:18.99	S10	06:34.58
S11	08:49.44	S11	07:53.28
S12	07:41.92	S12	07:11.28
S13	07:31.66	S13	06:41.26
S14	07:45.50	S14	06:56.90
50m BACKSTROKE		50m BACKSTROKE	
S1	03:37.46	S1	01:56.90
S2	02:06.82	S2	01:26.70
S3	01:29.76	S3	01:17.31
S4	01:23.36	S4	01:12.74
S5	01:13.09	S5	00:57.87

100m BACKSTROKE	
S1	07:10.90
S2	04:27.55
S6	02:16.48
S7	02:15.15
S8	02:04.64
S9	01:55.23
S10	01:51.01
S11	02:10.16
S12	01:56.27
S13	01:50.88
S14	01:47.81
50m BREASTSTROKE	
SB1	03:37.31
SB2	02:13.25
SB3	01:32.19
100m BREASTSTROKE	
SB4	03:00.86
SB5	02:41.98
SB6	02:41.10
SB7	02:28.34
SB8	02:15.52
SB9	02:04.67
SB11	02:19.60
SB12	02:09.28
SB13	02:02.77
SB14	02:02.94
50m BUTTERFLY	
S2	03:43.66
S3	01:52.06
S4	01:36.94
S5	01:14.69
S6	00:58.85
S7	00:58.88
100m BUTTERFLY	
S8	02:02.82
S9	01:50.99
S10	01:48.51
S11	02:14.67
S12	01:48.70
S13	01:45.28
S14	01:44.75
150m IM	
SM1	00:00.00
SM2	08:25.30
SM3	07:52.43
SM4	04:49.57
200m IM	
SM5	05:55.60
SM6	04:53.44
SM7	04:52.05
SM8	04:30.37
SM9	04:14.82
SM10	03:58.29
SM11	04:49.66
SM12	04:10.78
SM13	03:54.66
SM14	03:52.02

100m BACKSTROKE	
S1	04:01.10
S2	03:07.09
S6	02:07.49
S7	01:56.50
S8	01:49.87
S9	01:43.57
S10	01:34.88
S11	01:56.67
S12	01:38.34
S13	01:37.33
S14	01:38.78
50m BREASTSTROKE	
SB1	02:55.36
SB2	01:33.18
SB3	01:19.95
100m BREASTSTROKE	
SB4	02:48.19
SB5	02:37.57
SB6	02:15.20
SB7	02:09.07
SB8	01:55.06
SB9	01:47.04
SB11	02:03.44
SB12	01:52.40
SB13	01:48.30
SB14	01:47.95
50m BUTTERFLY	
S2	03:50.69
S3	02:14.69
S4	01:13.62
S5	00:59.65
S6	00:52.43
S7	00:48.58
100m BUTTERFLY	
S8	01:40.24
S9	01:37.22
S10	01:29.38
S11	01:44.70
S12	01:32.75
S13	01:33.71
S14	01:32.58
150m IM	
SM1	00:00.00
SM2	07:57.47
SM3	04:59.78
SM4	04:15.92
200m IM	
SM5	05:27.01
SM6	04:28.83
SM7	04:10.34
SM8	03:52.67
SM9	03:42.24
SM10	03:32.24
SM11	04:03.31
SM12	03:40.72
SM13	03:36.05
SM14	03:32.35