

Event 401 Women Open 400m Freestyle					
H 1	L 2	Sienna Scott	12	Biddulph	6:13.43
	L 3	Ruby Clews	12	Newport	6:00.79
	L 4	Maisie Sandalls	17	Evesham	5:46.60
	L 5	Emily-Jane Surgeoner	14	Orion	5:53.80
	L 6	Imogen Neal	12	Walsall	6:01.90
H 2	L 1	Eva French	14	S10 Nuneaton	5:30.02
	L 2	Amy-Lee Jones	15	Dove Valley	5:28.47
	L 3	Emily Poulson	13	Cosacss	5:24.82
	L 4	Scarlett Williams	14	Cannock Phnx	5:14.89
	L 5	Maisie Beattie	12	Ellesmere Co	5:15.54
	L 6	Abbie Marsden	17	Shrewsbury	5:28.40
	L 7	Lola Knightley	13	Leamington	5:29.10
	L 8	Esmee Slinn	12	Ellesmere Co	5:41.64
H 3	L 1	Brecon Westwood	13	Wyre Forest	5:13.38
	L 2	Megan Jamieson	15	Biddulph	5:12.90
	L 3	Phebe Holding	15	Cosacss	5:10.65
	L 4	Evie Hands	14	Nuneaton	5:08.30
	L 5	Morgan Dickenson	15	Biddulph	5:10.18
	L 6	Grace Edwards	13	Biddulph	5:11.84
	L 7	Olivia Dougan	13	Orion	5:13.24
	L 8	Gracie Smith	13	Boldmere	5:13.95
H 4	L 1	Zoe Sayers	14	Leamington	5:07.54
	L 2	Rose Arnott	13	Boldmere	5:06.22
	L 3	Anna Fish	14	Co Hereford	5:02.78
	L 4	Jessica Cox	16	Royal Wolv	5:01.03
	L 5	Jasmine Kilmartin	16	Bromsgrove	5:01.11
	L 6	Harriett Jones	12	Ellesmere Co	5:06.03
	L 7	Carmen West	15	Worcester	5:07.35
	L 8	Amelia Ciancio	17	Worcester	5:08.12
H 5	L 1	Hollie Ornsby	15	Wolv'hampton	5:00.07
	L 2	Isabelle Jones	16	Wrekin Coll	4:58.62
	L 3	Caitlin O'Neill	14	Co Coventry	4:52.70
	L 4	Emily Ingram	16	Co Coventry	4:43.69
	L 5	Lola Wheeler	14	Wrekin Coll	4:51.14
	L 6	Amelia Doughty	15	Nuneaton	4:52.88
	L 7	Lucy Matthews	13	Rugby	4:58.73
	L 8	Ava-Ivy Callan-Foster	16	Leamington	5:00.63
H 6	L 1	Bethan Cooke	14	Chase	4:39.80
	L 2	Bryony Lowe	16	Ellesmere Co	4:32.30
	L 3	Zara Beaumont	15	Co Hereford	4:30.55
	L 4	Millie Checkley	17	Co Birm'ham	4:28.70
	L 5	Katie Leary	17	Royal Wolv	4:28.80
	L 6	Harriet Smith	17	Wrekin Coll	4:30.80
	L 7	Millie Wells	14	Ellesmere Co	4:39.40
	L 8	Ella Shaw	17	Royal Wolv	4:42.85
H 7	L 1	Evie Johns	19	Co Hereford	4:26.70
	L 2	Eve Leleux	18	Wrekin Coll	4:21.67
	L 3	Anya Preece	18	Wrekin Coll	4:21.00
	L 4	Alicia Dingle	19	Walsall	4:15.30
	L 5	Aimee Hood	17	Co Birm'ham	4:16.70
	L 6	Katie Thompson	19	Co Birm'ham	4:21.60
	L 7	Lucy Wheeler	21	Birm'ham Uni	4:26.66
	L 8	Henrietta D'Amassa	16	Ellesmere Co	4:27.80
Event 402 Men Open 400m IM					
H 1	L 1	Jake Neaves	12	Ellesmere Co	6:51.43
	L 2	Lewis Dickinson	13	Lichfield	5:54.14
	L 3	Brian McSharry	17	Co Coventry	5:41.40
	L 4	Charlie Rounce	14	Leamington	5:32.48
	L 5	Samuel Parker	17	Evesham	5:39.57
	L 6	Max Hitchman	15	Solihull	5:46.44
	L 7	Charlie Clewlow	12	Cosacss	6:07.03
H 2	L 1	William Viney	14	Co Birm'ham	5:23.90
	L 2	Oliver Greaves	14	Wrekin Coll	5:06.60
	L 3	Cameron Wrapson	15	Co Birm'ham	4:59.20
	L 4	Brooke Totney	17	Royal Wolv	4:58.80
	L 5	James McClure	15	Co Coventry	4:59.10
	L 6	James Abulencia	15	Co Birm'ham	5:06.20
	L 7	Harry Clewlow	15	Cosacss	5:18.93
	L 8	Edward Blyth	15	Orion	5:32.20
Event 403 Women Open 200m IM					
H 1	L 3	Emily-Jane Surgeoner	14	SM9 Orion	3:20.30
	L 4	Isla Batchelor	12	Co Birm'ham	3:14.16
	L 5	Sienna Moran	12	Rugby	3:14.35
H 2	L 2	Lucy Blacker	12	Co Coventry	3:13.30
	L 3	Daisy Fitton	12	Bromsgrove	3:10.54
	L 4	Bonnie Mooney	12	Co Birm'ham	3:07.10
	L 5	Holly Keily	12	Newcastle St	3:10.41
	L 6	Sophie Harold	12	Cosacss	3:11.89
	L 7	Eve Smith	12	Co Coventry	3:13.60
H 3	L 1	Isabelle Edwards	12	Dove Valley	3:01.36
	L 2	Ruby Chudleigh	13	Co Birm'ham	2:59.20
	L 3	Victoria Hudson	12	Nuneaton	2:58.36
	L 4	Mia Lane	17	TelfordAqua	2:57.20
	L 5	Lily Thatcher-Plant	14	Wrekin Coll	2:58.33
	L 6	Amelia Mahoney	13	Co Coventry	2:59.19
	L 7	Hannah Finney	12	Cosacss	3:00.33
	L 8	Katie Ray	12	Co Coventry	3:04.57
H 4	L 1	Kaitlin Hogan	13	Oldbury	2:55.84
	L 2	Amber Valletta	14	Royal Wolv	2:54.51
	L 3	Olivia Cain	13	Kingsbury	2:54.15
	L 4	Erika Sheppard	13	Leamington	2:53.80
	L 5	Freya Percival	13	Cosacss	2:53.97
	L 6	Olivia Allen	14	Boldmere	2:54.45
	L 7	Darcey Keay	13	Wolv'hampton	2:55.25
	L 8	Adriana Machala	13	Co Coventry	2:56.88
H 5	L 1	Molly Wall	14	Rugby	2:53.13
	L 2	Emily Vandamme	15	Leamington	2:52.39
	L 3	Megan Jamieson	15	Biddulph	2:51.93
	L 4	Isobel Greenall	14	Strat Sharks	2:51.35
	L 5	Lucy Oldham	16	Dove Valley	2:51.35
	L 6	Jade Pickett	21	Co Coventry	2:52.31
	L 7	Maryse Magnee	13	Boldmere	2:53.10
	L 8	Morgan Dickenson	15	Biddulph	2:53.18
H 6	L 1	Emma Baddeley	14	Worcester	2:50.92
	L 2	Alice Rymell	13	Nuneaton	2:49.43
	L 3	Pippa Smyth	14	Rugby	2:47.50
	L 4	Connie Palmer	14	Boldmere	2:46.20
	L 5	Tegan Smith	19	Solihull	2:46.93
	L 6	Charlotte Gledhill	15	Nuneaton	2:49.14
	L 7	Poppy Miners	15	Leamington	2:50.80
	L 8	Hollie Ornsby	15	Wolv'hampton	2:50.95
H 7	L 1	Scarlett Begley	15	Evesham	2:46.00
	L 2	Scarlet Tinwell	14	Newcastle St	2:45.11
	L 3	Orla Power	13	Co Birm'ham	2:44.04
	L 4	Bethan Stokes	15	Wyre Forest	2:41.98
	L 5	Libby-Mae Pope	14	Cosacss	2:42.59
	L 6	Sophie Baker	16	Biddulph	2:44.39
	L 7	Lucy Matthews	13	Rugby	2:45.71
	L 8	Grace Ciancio	15	Worcester	2:46.20
H 8	L 1	Emilia Jones	14	Ellesmere Co	2:40.38
	L 2	Beth Morris	16	Blythe Barra	2:40.30
	L 3	Kenza Ajimi	14	Co Coventry	2:40.23
	L 4	Libby Garnham	16	Biddulph	2:39.26
	L 5	Magdalena Townsend	13	Co Birm'ham	2:40.20
	L 6	Sophia Okoosi-Dunn	16	Orion	2:40.27
	L 7	Hannah Willis	15	Co Coventry	2:40.32
	L 8	Eliza-Rae Edwards	15	Chase	2:40.89

H 9	L 1	Roisin Davis	20	Newcastle St	2:37.11
	L 2	Emma McKay	16	Worcester	2:36.43
	L 3	Abi Salcombe	15	Co Birm'ham	2:35.40
	L 4	Alex Jones	16	Royal Wolv	2:34.90
	L 5	Isabella Trow	18	Worcester	2:35.37
	L 6	Brooke Fisher	14	Co Coventry	2:36.39
	L 7	Aimee Monks	16	Royal Wolv	2:36.69
	L 8	Casey White	16	Nuneaton	2:38.87
H 10	L 1	Megan Hewitt	16	Cannock Phnx	2:34.27
	L 2	Cici Noss	13	Ellesmere Co	2:33.67
	L 3	Elyn-Grace Carreon	16	Orion	2:33.47
	L 4	Teia Hendley	14	Leamington	2:31.70
	L 5	Emily Gordon	25	Solihull	2:33.23
	L 6	Annabel Blainey	17	Biddulph	2:33.58
	L 7	Morgan Brand	15	Rugby	2:33.95
	L 8	Eva Bailey	15	Ledbury	2:34.41
H 11	L 1	Eloise Brookes	16	Chase	2:31.20
	L 2	Evie Barber	17	Royal Wolv	2:28.41
	L 3	Louise Jones	16	Royal Wolv	2:28.16
	L 4	Ashleigh Green	15	Bromsgrove	2:27.81
	L 5	Chelsea Mills	17	Stourbridge	2:27.85
	L 6	Isabelle Callaghan	20	Strat Sharks	2:28.30
	L 7	Anna Farr	14	Ellesmere Co	2:29.19
	L 8	Charlotte McClure	18	Co Coventry	2:31.50
H 12	L 1	Louise Edmunds	19	Royal Wolv	2:27.38
	L 2	Lola Oke	17	Ellesmere Co	2:26.00
	L 3	Harriet Smith	17	Wrekin Coll	2:25.15
	L 4	Jessie-Leigh Jenns	16	Royal Wolv	2:24.70
	L 5	Abigail Jolley	19	Leamington	2:24.72
	L 6	Hannah Woodcock	17	Pershore	2:25.29
	L 7	Eleanor Broughton	15	Ellesmere Co	2:27.19
	L 8	Emily Farr	17	Ellesmere Co	2:27.71
H 13	L 1	Zara Leleux	20	Wrekin Coll	2:23.49
	L 2	Evie Floate	16	Ellesmere Co	2:20.87
	L 3	Olivia Gardner	23	Ellesmere Co	2:19.40
	L 4	Niamh Hofland	19	Wrekin Coll	2:15.75
	L 5	Charlotte Rigg	19	Co Birm'ham	2:18.60
	L 6	Jessica Shaw	22	Birm'ham Uni	2:20.71
	L 7	Ellie Sibbald-Perkins	17	Co Birm'ham	2:22.10
	L 8	Holly Gregory	19	Royal Wolv	2:23.73