

West Midlands Long Course Championships 2022

Gala 1 - Alan Higgs Centre, Coventry

30th April and 1st and 2nd May 2022

License number: 1WM220505

Meet schedule

| Saturday 30th April 2022 | | | Sunday 1st May 2022 | | |
|--|--------------|-------------------------|--|--------------|-------------------------|
| Session 1 | HEATS | EVENT | Session 4 | HEATS | EVENT |
| 101 | Womens | 400m IM | 401 | Mens | 400m IM |
| 102 | Mens | 200m Backstroke | 402 | Womens | 200m Backstroke |
| 103 | Womens | 100m Butterfly | 403 | Mens | 100m Butterfly |
| 15 minute swim down - lunch break | | | 15 minute swim down - lunch break | | |
| Session 2 | HEATS | EVENT | Session 5 | HEATS | EVENT |
| 201 | Mens | 200m Freestyle | 501 | Womens | 200m Freestyle |
| 202 | Womens | 200m Breaststroke | 502 | Mens | 200m Breaststroke |
| 203 | Mens | 100m Breaststroke | 503 | Womens | 100m Breaststroke |
| 15 minutes swim down - officials break | | | 15 minutes swim down - officials break | | |
| Session 3 | FINALS | EVENT | Session 6 | FINALS | EVENT |
| 301 | Mens 14/16 | 400m Freestyle team HDW | 601 | Womens 14/16 | 400m Freestyle team HDW |
| 302 | Mens 17/OV | 400m Freestyle team HDW | 602 | Womens 17/OV | 400m Freestyle team HDW |
| 303 | Womens 13/UN | 400m IM | 603 | Mens 14/UN | 400m IM |
| 304 | Womens 14/OV | 400m IM | 604 | Mens 15/OV | 400m IM |
| 305 - 310 | Mens | 200m Backstroke | 605 - 610 | Womens | 200m Backstroke |
| 311 - 316 | Womens | 100m Butterfly | 611 - 616 | Mens | 100m Butterfly |
| 317 - 322 | Mens | 200m Freestyle | 617 - 622 | Womens | 200m Freestyle |
| 323 - 328 | Womens | 200m Breaststroke | 623 - 628 | Mens | 200m Breaststroke |
| 329 - 334 | Mens | 100m Breaststroke | 629 - 634 | Womens | 100m Breaststroke |

| Monday 2nd May 2022 | | |
|--|---------------|---------------------------|
| Session 7 | HEATS | EVENTS |
| 701 | Womens | 50m Butterfly |
| 702 | Mens | 50m Breaststroke |
| 703 | Womens | 50m Backstroke |
| 704 | Mens | 50m Freestyle |
| 705 | Womens | 800m Freestyle |
| 15 minutes swim down - officials break | | |
| Session 7 | FINALS | EVENTS |
| 706 | Womens | 800 Freestyle last heat |
| 707 - 712 | Womens | 50m Butterfly |
| 713 - 718 | Mens | 50m Breaststroke |
| 719 - 724 | Womens | 50m Backstroke |
| 725 - 730 | Mens | 50m Freestyle |
| 15 minute swim down - lunch break | | |
| Session 8 | HEATS | EVENTS |
| 801 | Mens | 50m Butterfly |
| 802 | Womens | 50m Breaststroke |
| 803 | Mens | 50m Backstroke |
| 804 | Womens | 50m Freestyle |
| 805 | Mens | 1500m Freestyle |
| 15 minutes swim down - officials break | | |
| Session 8 | FINALS | EVENTS |
| 806 | Mens | 1500m Freestyle last heat |
| 807 - 812 | Mens | 50m Butterfly |
| 813 - 818 | Womens | 50m Breaststroke |
| 819 - 824 | Mens | 50m Backstroke |
| 825 - 830 | Womens | 50m Freestyle |

West Midlands Long Course Championships 2022

Gala 2 - Alan Higgs Centre, Coventry

7th and 8th May 2022

License number: TBA

Meet schedule

| Saturday 7th May 2022 | | | Sunday 8th May 2022 | | |
|--|--------------|-------------------------|--|----------------|---------------------------|
| Session 1 | HEATS | EVENT | Session 4 | HEATS | EVENT |
| 101 | Womens | 400m Freestyle | 401 | Mens | 400m Freestyle |
| 102 | Mens | 100m Freestyle | 402 | Womens | 100m Freestyle |
| 103 | Womens | 100m Backstroke | 403 | Mens | 100m Backstroke |
| 104 | Mens | 800m Freestyle | 404 | Womens | 1500m Freestyle |
| 15 minute swim down - lunch break | | | 15 minute swim down - lunch break | | |
| Session 2 | HEATS | EVENT | Session 5 | HEATS | EVENT |
| 201 | Mens | 200m IM | 501 | Womens | 200m IM |
| 202 | Womens | 200m Butterfly | 502 | Mens | 200m Butterfly |
| 203 | Mens 14/16 | 400m Medmley Team HDW | 503 | Womens 14/16 | 400m Medley Team HDW |
| 204 | Mens 17/over | 400m Medmley Team HDW | 504 | Womens 17/over | 400m Medley Team HDW |
| 15 minutes swim down - officials break | | | 15 minutes swim down - officials break | | |
| Session 3 | FINALS | EVENT | Session 6 | FINALS | EVENT |
| 301 | Mens | 800 Freestyle last heat | 601 | Womens | 1500m Freestyle last heat |
| 302 | Mens 14/16 | 800m Freestyle team HDW | 602 | Womens 14/16 | 800m Freestyle team HDW |
| 303 | Mens 17/OV | 800m Freestyle team HDW | 603 | Womens 17/OV | 800m Freestyle team HDW |
| 304 - 305 | Womens 13/UN | 400m Freestyle | 604 - 605 | Mens 14/UN | 400m Freestyle |
| 306 - 311 | Mens | 100m Freestyle | 606 - 611 | Womens | 100m Freestyle |
| 312 - 317 | Womens | 100m Backstroke | 612 - 617 | Mens | 100m Backstroke |
| 318 - 323 | Mens | 200m IM | 618 - 623 | Womens | 200m IM |
| 324 - 329 | Womens | 200m Butterfly | 624 - 629 | Mens | 200m Butterfly |