

Please see below for timing information for the Championships. Note that the session start times are the earliest we will start, if necessary, we will modify the times should there be any delays. We will not start a session early.

Any alteration to session times will be announced in the venue. Once a session is running the gala will run at its natural pace, we will not pause should we run ahead of time.

Day 1 – Saturday 30th April

Session Number	Warmup Start Time	Warmup Finish Time	Swimming Start Time	Estimated Finish time
1	08:00	08:50	09:00	10:49
2	11:30	12:20	12:30	14:43
3	14:50	15:20	15:30	17:53

Day 2 – Sunday 1st May

Session Number	Warmup Start Time	Warmup Finish Time	Swimming Start Time	Estimated Finish time
4	08:00	08:50	09:00	10:41
5	11:30	12:20	12:30	14:25
6	14:45	15:25	15:30	17:47

Day 3 – Monday 2nd May

Session Number	Warmup Start Time	Warmup Finish Time	Swimming Start Time	Estimated Finish time
7	08:00	08:50	09:00	12:09
8	13:00	13:50	14:00	17:32

Day 4 – Saturday 7th May

Session Number	Warmup Start Time	Warmup Finish Time	Swimming Start Time	Estimated Finish time
9	08:00	08:50	09:00	11:47
10	12:30	13:20	13:30	14:55
11	15:15	15:55	16:00	18:08

Day 5 – Sunday 8th May

Session Number	Warmup Start Time	Warmup Finish Time	Swimming Start Time	Estimated Finish time
12	08:00	08:50	09:00	12:16
13	12:30	13:20	13:30	14:46
14	14:50	15:20	15:30	17:46